



Teresa Beeman is the owner of *Beeman Global Communications*. Teresa has worked with attorneys, corporate executives and in classroom and conference settings to teach communications skills and memory enhancement techniques.

Teresa is a graduate of Mars Hill University. She is an author, speaker and entrepreneurial creative strategist. She works with clients to help them create and live their lives by their own design.

For additional information and a more complete list of Teresa's speaking topics, go to <http://www.TeresaBeeman.com/services/>

Powerful Presentations from Teresa Beeman

11 Tips for More Effective Communications How to Talk So Others Listen and Respond

Better communication increases the chances for more satisfactory results in all aspects of life. Be a winner! Communicate!

Learn:

- ❖ Power words that get and hold attention
- ❖ How to be sure you're being heard
- ❖ How to get the responses you need and want from your audience

Plan, Prepare, Practice, Present Overcoming the Fear of Public Speaking

Some people cringe at the thought of speaking to an audience of any size. Confidence and feeling empowered takes care of that!

Learn:

- ❖ 5 strategies for planning a presentation
- ❖ Strategies for giving an effective speech
- ❖ Empowering for effective communication

Master Your Memory Creative and Unique Ways to Remember Important Dates, Details and Information

Statistics show you forget 80% of what you learn every day. Gain power and increase confidence in your ability to recall things you need to remember every day.

Learn:

- ❖ 5-point system to improving your overall memory
- ❖ 5 unique ways to overcome your "curve of forgetting"
- ❖ Simple exercises and games to consistently improve and maintain your memory skills

Bring Teresa's skills and expertise to your organization or association's next event. Visit [TeresaBeeman.com](http://www.TeresaBeeman.com) or call 828.772.0737

NOTES for Meeting Planners

Date(s) of your meeting/conference:

Your budget range for speaker:

Speaker's fees:

Includes transportation: Y or N

Keynote: Y or N

Session Presenter: Y or N

Speaker requires:

- 1.
- 2.
- 3.
- 4.
- 5.

Deposit Information:

Deposit Check # _____

Deposit Check amount \$ _____

Deposit sent: _____

Speaker travels from: Asheville, NC

Contract sent: _____

Contract received: _____